

**International Indian School Buraidah**

**Worksheet of the year 2024-25**

**Class-4<sup>th</sup> Environmental Studies**

**Lesson-3 Food is life**

**Lesson -4 A perfect Shelter**

**Lesson -5 Clothes we wear**

**Q-1 Choose the correct Option-**

1. Preservation of milk is done by \_\_\_\_\_

**a) salting            b) boiling            c) freezing**

2. \_\_\_\_\_ keeps our body warm and give a lot of energy

**a) Fats                b) Vitamins            c) Water**

3. An ideal house must get enough \_\_\_\_\_

**a) germs            b) pollution            c) Sunlight**

4. Eskimos live in \_\_\_\_\_

**a) stilt House        b) igloos                c) wooden houses**

5. We wear \_\_\_\_\_ clothes in summer.

**a) woolen            b) dark coloured        c) cotton**

**6. Phirans and salwar worn in \_\_\_\_\_.**

**a) Rajasthan        b) Uttar Pradesh        c) Jammu and Kashmir**

**Q-2 Fill in the blanks-**

1. We wear \_\_\_\_\_ to cover and protect our body.

2. \_\_\_\_\_ is the process of coloring the fabrics.

3. People wear different \_\_\_\_\_ for different professions.

4. Sunlight kills the \_\_\_\_\_ and disinfects the house.

5. Independent houses with gardens or lawns are called \_\_\_\_\_.

6. We all need a clean and comfortable \_\_\_\_\_ to live in.
7. \_\_\_\_\_ gives us energy to do work.
8. \_\_\_\_\_ food can be eaten raw.
9. \_\_\_\_\_ glasses of water we should drink in a day.
10. \_\_\_\_\_ was the scientist who discovered the germs cause illness.

**Q-3 Choose the correct option-**

**(a)**

1. Both A and R are true and R is the correct explanation of A.
2. Both A and R are true but R is not the correct explanation of A.
3. A is true but R is false.
4. A is false but R is true.

**Assertion (A): We do need to preserve any food item.**

**Reason(R): Preservation does not let food items get spoils.**

**(b)**

1. Both A and R are true and R is the correct explanation of A.
2. Both A and R are true but R is not the correct explanation of A.
3. A is true but R is false.
4. A is false but R is true.

**Assertion (A): People live in tents while camping**

**Reason(R): Tents are temporary houses made of canvas.**

**(c)**

1. Both A and R are true and R is the correct explanation of A.
2. Both A and R are true but R is not the correct explanation of A.

3. A is true but R is false.

4. A is false but R is true.

**Assertion (A): Linen is a natural fibre.**

**Reason(R): We get linen from flax plant.**

**Q-4 Define the following-**

1. Nutrients
2. Natural fibres
3. kutcha house
4. Sanitation
5. Balanced diet

**Q-5 Answer the following questions-**

1. Why should a house receive ample sunlight?
2. What are stilt house? Where are they found?
3. Mention any five good food habits.
4. What is canning?
5. What is a uniform?

**Q-6 Identify the following pictures-**



